

Upstream – *Living A Countercultural Life* **Adam Miller**
Nehemiah – What makes you mad? **Lead Pastor**
September 10, 2017

Message Notes: Got Questions?
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Text: 408.429.0725

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Going Deeper

1. What is one significant “takeaway” for you from this message?
2. Has your heart been crushed? Describe a moment, event, or something that stirred up in you a passion so strong that you just had to do something about it?
3. Read Nehemiah 1:4-11. What did you learn from his response to the bad news he received? Try to identify a few “principles” from this response. What might apply to your life?
4. Fasting is often mentioned along with prayer in desperate situations. Have you fasted? If so, what was it like? What can you fast from besides food that might help you face a challenge in your life?
5. What promises of God do you hold onto in times of trouble? Give an example of time in your life when God sustained you, or helped you through a difficult time.
6. What are your thoughts about the vision of CCC? Do you see ways for you to participate in God’s vision for CCC? How can you move toward being part of it?

Change Your Mind - Meditate

Making the effort to monitor the workings of our minds is the key to a transformed life! Meditate on the verse below and ask God to give you a vision for your life... a vision that is connected to the heart of God!

Nehemiah 1:4 – *When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.*

Change Your Heart - Pray

Our Father who is in heaven, Holy is your name! There are so many problems in this world, and so many reasons to be afraid or dismayed. But I put my hope in you! You are working in ways I can never know or imagine. Help me to know my role in dealing with all the pain and problems in this world. Help me to see what you see, and to be broken by the things that break your heart. Give me the courage I need to step up and do something to help. Help me to prioritize my life in such a way that I have the time and resources to make a difference. Help me to put Your Kingdom first in my life! Amen!

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